



Pre-School Post

Hello,

We have been very messy this week, our baker's shop has been well used and the children have created some culinary delights using real food items, flour, milk and eggs. Some of our 3-year old's were very good at cracking eggs, pro chefs in the making! Real items that form part of the children's exploration enhances their learning and encourages language and social skills as children discuss their ingredients, how something feels, smells and they engage all senses. Lots of mathematical language supported through this play.

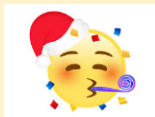
We have also enjoyed lots of frost walks, and ice breaking activities. The children could see patterns left by leaves, items frozen in ice and the children have used sticks to free jugs, spoons and more in the mud kitchen. We also learnt how to watch our step using stepping stones and how it felt as we slipped. It was fun to slide down the hills on frost and listen to the crunch of leaves under foot.

Next week our focus turns to Christmas play and crafts and a special elf makes his return to pre-school, I can hear the buzz of excitement already.

Kerry Evans

Pre-school Manager

Christmas party



Where has this first term gone? I can't believe we are planning our Christmas party.

The party will take place on the morning of 18th December and all children are welcome (even those who do not attend on a Thursday am) Those children who usually attend a Thursday should arrive at the usual time for register.

Those wishing to attend the party are welcome from 9:30am and need to be collected at 11:30am. Please ensure you notify a member of staff for catering purposes if you wish to attend ASAP.

The party will be a mix of fun, traditional games party food and special visitor dressed in red!

Oral Health



This week we had a visit from Hampshire healthy families they helped us to remember how important it is to look after our bodies, being active, and healthy eating. The children sorted foods into healthy and unhealthy. We also looked at teeth brushing, how many times a day we need to do this as well as timings. 2 minutes, 2 times a day.... 2 the magic number!

Wendy was impressed to learn our children did not recognize fizzy drinks, and so could assume they drank milk or water. Good choices of drinks.

We looked at packed lunches and some healthy choices. If like me your packed lunches have become boring, routine and uninspiring click the link for more inspiration and healthy habits which are all easy and manageable.

<https://healthforunder5s.co.uk/sections/pre-school/preparing-the-perfect-packed-lunch/>

<https://www.nhs.uk/healthier-families/food-facts/healthier-food-swaps/>

Diary Dates

5 th Dec 3:30pm	Carols around the tree
12 th Dec	Christmas jumper Day
16 th Dec	Christmas Lunch
18 th Dec	Pre-sch party (See details next box)
19 th Dec 1pm	Last day of term
5 th Jan 2026	First day of term

Curriculum

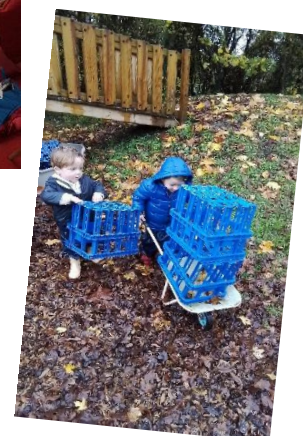
Last newsletter we shared our curriculum for 3-year old's and the milestones expected to be achieved. As promised, I now share the 4-year-old curriculum and you can see some progression steps as well as other wider areas of the curriculum emerging as children grow and develop.

We would like you to bear these steps of development in mind and share any observations you notice linked to these areas to class dojo, contributing to your child's learning and online journal.



Top Ten for 4 year olds (last year in Pre-School) 2025-26

	Top 10 Aims	Educational programmes	Notes
1	Develop fine motor control to use tools such as hammers, scissors, cutlery, pens with a good grip and make meaningful marks for own name	Physical Development	
2	Use appropriate ways to tell friends if they are upset or make them feel cross. This could include sharing toys, ideas or resources.	PSED	
3	Keep trying different ways to solve a problem when things are tough.	PSED	
4	Increasingly understand rules and follow them, show confidence in new social situations including talking to unfamiliar adults	PSED	
5	Develop awareness of rhymes, pronunciation and begin to hear some phonic sounds such as that for the initial sound of their name	Communication and language	
6	Know and join in with variety of rhymes & songs; listen and retell a familiar story	Communication and language	
7	Express themselves and show respect for others in conversation and play	Communication and language	
8	Know numbers to 10 well; subitising to 5, counting 1:1, recognising numbers and reciting forwards and backwards	Maths	
9	Engage in increasingly elaborate play using objects to represent something; dressing up, construction, small world	EAD	
10	Artwork has increasing detail, representative of objects including people and their body parts through drawing, painting, woodwork or modelling	EAD	



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