

Dear Stockbridge pupils,

We are writing to inform you about **CYBERBULLYING and ways to stay safe.**

Cyberbullying is when a group or one person uses an electronic such as: mobile phone, tablet, X-box and computer to abuse and tease the receiver about an event that could have happened in the past. The group or person who is teasing you, they can reach you through: social media/networks, games online and online email.

TIPS ON HOW TO STAY SAFE

If this happens to you, will need to stay safe. Here's what to do:

- **If you receive a message from a stranger and it says unkind things then don't close it down or delete the message and get an adult or older sibling**
- **If a stranger contacts you on an online game saying mean things and it upsets you tell an adult and talk to **childline** if you want to about the message**

Livy and Emma.

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